

Frozen

Frozen Sausage

Pennylane Sausages 8's

Pennylane West Country Chipolatas 16's

Pennylane Jumbos 4's

Pennylane West Country Cocktail Sausages 32's

Devon Sausages 8's

Devon Chipolatas 16's

Dalenco Blue 8's

Dalenco Cumberland 8's

Dalenco Orange

Midland Pork Sausages 8's

Frozen King Pies

Chicken & Mushroom

Cheese & Onion

Steak & Ale

Steak & Kidney

Frozen Burgers

Pure 100 % 4oz.

Pure 100 % 6oz.

U.S.A 80% 2oz.

U.S.A 80% 4oz.

4oz Sausagemeat Burger Patty

Suet Puddings

Chicken and Leek Suet Puddings 390 g

Chicken, Ham and Mushrooms Suet Puddings 390 g

Lamb and Mint Suet Puddings 390 g

Spinach and Tomato Suet Puddings 390 g

Steak and Ale Suet Puddings 390 g

Steak & Kidney Suet Puddings

Steak and Kidney Junior 227 g

Proper Cornish Pasties

Steak Pasties Large

Steak Pasties Medium

Beef Pasties

Chicken Balti Pasties

Chicken and Mushroom Pasties

Pork and Apple Pasties

Cheese, Tomato and Basil Pasties

Cheese and Onion Pasties

Vegetable Pasties

Sausage Rolls 10 inch


Sausage Rollls 8 inch



Frozen

Frozen Poultry
Chicken Kiev
Budget Chicken Kiev
Battered Chicken Steaks
Cooked Whole Chicken Breasts
Cooked Diced Chicken
Cooked Chicken Breast Strips
Battered Chicken Breast Chunks
Battered Chicken Nuggets (reformed)
Breaded Chicken Breast Goujons
Cooked Chicken Portions 9 - 11oz (1/4)
Metallica Breaded Chicken Fillets
Cooked Satay Chicken Skewers

Pies	Description
Steak & Kidney Pie	Crisp, rich golden short crust pastry filled with tender chunks of beef and kidney in a rich sauce.
Chicken, Ham & Mushroom Pie	A crisp, rich, short pastry case crammed with chunks of white chick breast and gammon ham in a delicious white sauce.
Steak & Guinness Pie	The same rich short crust pastry case filled with quality beef that has been marinated then cooked in Guinness.

Vegetarian 	Quantity
Cooked Satay Vegetable Skewers	1 x 60
Spicy Bean Burger 100 g	24
Veggie Meatballs	1 x 1.5 KG
Linda MacCartney Red Onion and Rosemary Sausages	1 x 40
Vegetarian Sausage 8's	1 x 48
Vegetarian 4oz. Burgers	1 x 24
Cocktail Samosa	1 x 60
Cocktail Spring Rolls	1 x 50
Breaded Mozzarella Sticks	1 X 1 KG
Jacket Potatoes	1 X 30
Hummus	1 X 1 KG
Vegemince	1 X 1 KG



Frozen Bread

Frozen Bread	Amount
White Whole Baguettes 260 g	36
White Demi Baguettes 115 g	64
Granary Demi Baguettes 140 g	30
Rustic Multigrain Demi Baguettes 25 g	40
Rustic White Demi Baguettes 30 g	26
White Fully Baked Demi Baguettes	40
White Petit Pain 60 g	80
Bloomer Sliced White 800 g	8
Bloomer Sliced Multigrain 800 g	8
Malted Wheat Petit Pain 60 g	80
Ciabatta 125 g	60
Small Square Ciabatta 90 g	40
Panini 125 g	80
Bar Marked Panini 110 g	70
Sliced Brioche Buns 90 g	28
Floured Burger Baps	48
Seeded Burger Buns 5 inches	48
White Hot Dog Rolls—side sliced 6 inches	48
White Jumbo Hotdog Rolls 7.5 Inches	48
Naan Bread 130 g	24
Naan Bread Mini 75 g	24
Crumpets	36
Wraps	72
Garlic Bread Slices	120
Sub Deli Roll 11.5 inches	30
Floured Tacos	288
Pain au Chocolat 80 g	70
Croissants 70 g	60

Fresh Bread	
Kingsmill Medium Sliced Brown (800g)	NOT AVAILABLE
Kingsmill Medium Sliced White (800g)	UNLESS ORDERED IN ADVANCE
*when ordering 10 or more loafs	

Pizzas	Specification
Pizza Base Thin and Crispy 12 inches	16
Pizza Base Deep 14 inches	12
Pizza Base Thin & Crispy 9 inches	16
Cheese and Tomato Pizza 5 inches	30
Cheese and Tomato Pizza 9 inches	16
Cheese and Tomato Slab Pizza	6



Frozen Fruits and Vegetables

Frozen Fruits and Vegetables
Fine Whole Green Beans
Broccoli Florets
California Mix (Cauliflower Florets, Sliced Carrots, Broccoli Florets)
Whole Baby Carrots
Cauliflower Florets
Chopped Leeks
Mixed Vegetables
Breaded Mushrooms
Battered Onion Rings
Diced Onions
Onion Rings Natural
Onion Rings Beer Battered
Whole Baby Parsnips
Honey Roasted Parsnips
Fancy Peas
Petit Pois
Broad Beans
Diced Red & Green Peppers
Leaf Spinach Portions
Button Brussels Sprouts
Diced Swede
Sweetcorn
Hash Browns (40g)
Potato Croquettes - Approx. 92
Shoestring Chips
Steakhouse Chips
Straight Cut Chunky Chips
Yorkshire Puddings 3 inches
Guacamole
Summer Fruits
Frozen Blueberries



Frozen Fish and Shellfish

Fish	Specifications
Battered Cod 4-5 oz	24 x 1
Battered Cod 5-6 oz	24 x 1
Battered Cod 6-7 oz	18 x 1
Battered Cod 8-10 oz	15 x 1
Breaded Cod 4-5 oz	24 x 1
Breaded Cod 6-7 oz	18 x 1
Plain Cod Fillets (skin on & boneless) 8-10 oz	15 x 1
Plain Cod Fillets (skin on & boneless) 10-12 oz	15 x 1
Plain Cod Fillets (skinless & boneless) 6-7 oz	20 x 1
Plain Cod Fillets (skinless & boneless) 8-10 oz	15 x 1
Breaded Plaice 6-7 oz	18 x 1
Plain Plaice (skin on) 6-7 oz	4.54 kgs x 1
Breaded Plaice Goujons	454g Bag (x 10)
Pollock Fillets (skinless & boneless) 6-7 oz	20 x 1
Plain Haddock Fillets (skinless & boneless) 6-7 oz	20 X 1
Plain Haddock Fillets (skinless & boneless) 8-10 oz	15 x 1
Natural Smoked Haddock 340g	3kgs x 1
Smoked Mackerel 340g	3kgs x 1
Salmon Fillets (skin on & boneless) 7-8 oz	10 x 1
Tuna 6-8 oz	10 x 1
Seabass (skin on & boneless) 130-200g	1kg (x 5)
Swordfish 6-8 oz	10 x 1
Blanchbait (Breaded Whitebait)	454g Bag (x 18)
Breaded Wholetail Scampi	454g Bag (x 10)
Young's Fishfingers 25g each	1.5kg Bag
Fishcakes (Whitefish) 4 oz	30 x 1
Salmon, Lemon & Dill Fishcakes 85g	24 x 1
Smoked Haddock & Spring Onion Fishcakes 90g	20 x 1
Icelandic Prawns	2kg Bag
21/30 King Prawns (Peeled & Deveined)	1kg Bag
Extra Large Prawns (Cooked & Peeled)	2.5kg Bag
King Prawns - Filo Pastry	500g Bag
Salt and Pepper Squid	500g
26/35 King Prawns - Breaded	500g Bag
26/35 King Prawns - Tempura	500g Bag
Raw Tiger Prawns 16-20 per pack	1 x 500 g
Battered Squid Rings (Calamari)	500g Bag
Squid Tubes	1kg Bag
Mussels Shell On	1kg Bag (x 5)
Mussel Meat IQF	1 x 1 kg
Fish Pie Mix (Cod, Smoked Haddock, Salmon)	1 kg Bag
Seafood Mix (King Prawns, Squid Rings, Cockles, Mussels)	1kg Bag
Fresh Traditional Scottish Sliced Smoked Salmon	200g Packs
Fresh Traditional Scottish D/Cut Sliced Smoked Salmon	1 - 1.5 kgs
Ice Cubes Case	6 X 2.5kg

